

Personal, Social, Health Education and Talkabout



Our PSHE curriculum aims to give our pupils the knowledge to understand the choices they face as they grow up and the skills to make safe choices as they prepare to become adults. Through SEAL (Social and Emotional Aspects of Learning) pupils learn to recognise, name, express and manage a range of emotions. PSHE teaches them about healthy lifestyles, personal safety, managing money, relationships and preparing for work. Healthy lifestyles includes being prepared for puberty, drugs education (especially smoking and alcohol) and sexual health. In relationships we look at positive friendships but also explore bullying / controlling behaviour and what to do if they are being treated in a way they do not like.



Social

Skills

Pupils also study some Citizenship issues to help them develop and express their own opinions. Topics include understanding and tolerating people who are different from them, developing a basic understanding of our political system, exploring global issues such as the benefits of education worldwide, and the work of charities.

Across the school, topics and lesson content are adapted to the needs of each group and the school is skilled at making sensitive issues accessible to pupils in a safe and supportive environment.

Spiritual, Moral, Social and Cultural Development

We have introduced a 'Social and Emotional Aspects of Learning' [SEAL] curriculum in 'Key Stage 3' but follow the principles across the school. Some pupils have specific 'Talkabout' (a social skills programme developed by Alex Kelly) intervention to support them. The following extract is taken from the Department for Education to highlight the key areas.



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Moral development

Pupils' moral development involves pupils acquiring an understanding of the difference between right and wrong and of moral conflict, a concern for others and the will to do what is right. They are able and willing to reflect on the consequences of their actions and learn how to forgive themselves and others. They develop the knowledge, skills and understanding, qualities and attitudes they need in order to make responsible moral decisions and act on them.

Social development

Pupils' social development involves pupils acquiring an understanding of the responsibilities and rights of being members of families and communities (local, national and global), and an ability to relate to others and to work with others for the common good. They display a sense of belonging and an increasing willingness to participate. They develop the knowledge, skills, understanding, qualities and attitudes they need to make an active contribution to the democratic process in each of their communities.



Cultural development

Pupils' cultural development involves pupils acquiring an understanding of cultural traditions and an ability to appreciate and respond to a variety of aesthetic experiences. They acquire a respect for their own culture and that of others, an interest in others' ways of doing things and curiosity about differences. They develop the knowledge, skills, understanding, qualities and attitudes they need to understand, appreciate and contribute to culture.



Promoting personal, social and health education and citizenship

We promote PSHE, Beliefs and Values along with SEAL in order to develop pupils understanding of be a good citizen. We also promote pupil wellbeing and endeavor through these subject areas to ensure pupils have an understanding of how to keep themselves safe.

PSHE in Key Stage 2

Pupils will learn how to keep clean and healthy through topics like 'Living Long, Living Strong' and learning how to will be exploring the topic Living Long, Living Strong in Spring 1, which involves keeping clean and healthy and 'Daring to be Different' in Spring 2, which involves respecting each other's likes, dislikes and beliefs.

Pupils will be exploring the topic 'Dear Diary' which involves who to ask for help, knowing when we feel loved, understanding feeling proud and jealous, how to deal with worries and how to support each other.

The next topic is 'Joining Up' which involves good listening, expressing our own opinions, knowing right from wrong, knowing what living things need, understanding animal welfare and developing a sense of responsibility.

PSHE in Key Stage 3

In Key stage 3, pupils will begin to look at relationships and growing up. There is an emphasis on keeping safe both physically and emotionally. This will include looking at road, rail, and fire and water safety as well as looking at how to keep safe when using the internet or mobile phone.



Pupils will be exploring the unit 'Healthy Lifestyles'. This will include looking at healthy diet, physical wellbeing, sun protection and some basic first aid.

In 'Talkabout', pupils continue to work on their self-awareness and self-esteem, looking at personality traits found in themselves and others. Pupils are improving their own body language and communication skills.

Pupils in Key Stage 3 will take part in the national annual campaign 'Send my friend to school' campaign, which looks to make schools, across the globe, a safe haven for pupils.

PSHE in Key Stage 4



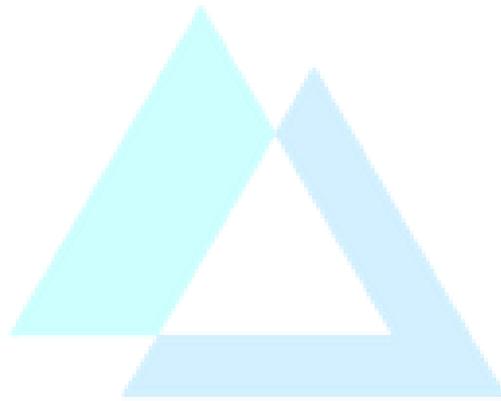
In Key Stage 4, pupils look at looking at 'Sex and Relationships' education. Pupils will focus on the range of relationships they form and the appropriate boundaries. They will learn about peer pressure and the importance of saying 'no' in situations they feel uncomfortable. They will look at the main stages of reproduction and birth.

Pupils will move on to look at the changing relationship between a parent and child and with friends/partners. They will explore the responsibilities attached to becoming a parent. They will explore sexual health and contraception, including different places they can go to for help and advice.

Pupils will also learn about keeping safe and in particular will focus on aspects of drugs awareness and education. They will look into the classification of drugs and the health risks attached. They will also explore the laws around drug use and possession. This will include tobacco and alcohol.



As in Key Stage 3, pupils will take part in the 'Send my friend to school' campaign, which looks to make schools, across the globe, a safe haven for pupils.



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