

# LUNCH MENU



Winter 2017 – Spring 2018

**WEEK 1** - Weeks Commencing: 30<sup>th</sup> October 2017, 27<sup>th</sup> November 2017, 1<sup>st</sup> January 2018, 29<sup>th</sup> January 2018, 5<sup>th</sup> March 2018, 16<sup>th</sup> April 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOME ZONE (1)	Spaghetti & BBQ Beef Meatballs	Chicken Korma with Rice	Sausage Plait with Creamed Potato and Gravy	Roast Beef, Yorkshire Pudding, Golden Roast Potatoes and Gravy	Fresh Cod Fillet in Batter and Chips
HOME ZONE (2)	Cheese and Potato Pie	Salmon Whole Wheat Pasta Bake	Vegetable & Butternut Squash Risotto	Lentil & Vegetable Roast	Roast Vegetable Tortilla Stack served with Chips
JACKET POTATO	Cheese Prawn Mayonnaise	Cheese Tuna Mayonnaise	Cheese Coleslaw	Cheese Chicken Mayonnaise	Cheese Tuna
FRESH VEGETABLES + FRESH SALAD AVAILABLE DAILY	Peas Sweetcorn	Green Beans Peas	Peas Cauliflower Cheese	Fresh Greens Carrots	Baked Beans Peas
DESSERT OF THE DAY	Vanilla Crunch and Custard	Winter Fruit Pie and Custard	Key Lime Pie	Sticky Toffee Pudding & Custard	Seasonal Fresh Fruit / Jelly / Yoghurts
ALTERNATIVE DESSERT (Available Daily)	Seasonal Fresh Fruit / Jelly / Yoghurts / Cheese & Biscuits (Cheese & Biscuits not available on Fridays)				

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**WEEK 2** - Weeks Commencing: 6<sup>th</sup> November 2017, 4<sup>th</sup> December 2017, 8<sup>th</sup> January 2018, 5<sup>th</sup> February 2018, 12<sup>th</sup> March 2018, 23<sup>rd</sup> April 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOME ZONE (1)	Lasagne served with Homemade Garlic Bread	Beef in Black Bean Sauce with Noodles	Chicken Pie with Gravy and Creamed Potatoes	Local Roast Pork with Apple Sauce & Stuffing / Golden Roast Potatoes	Sausage and Chips
HOME ZONE (2)	Ratatouille served with Homemade Garlic Bread	Vegetable Spring Rolls with Chilli Sauce Dip	Five Bean Chilli with Brown Rice	Whole Wheat Tuna Pasta Bake	Margherita Pizza
JACKET POTATO	Cheese Coleslaw	Cheese Tuna Mayonnaise	Cheese Prawn Mayonnaise	Cheese Chicken Mayonnaise	Cheese Tuna Mayonnaise
FRESH VEGETABLES + FRESH SALAD AVAILABLE DAILY	Peas Sweetcorn	Peas Roasted Vegetables	Carrots Green Beans	Parsnip and Carrot Medley Fresh Greens	Peas Baked Beans
DESSERT OF THE DAY	Oaty Fruit Crunch With Custard	Lemon Love Cake with Custard	Carrot & Orange Cake with Lemon Sauce	Fruit Crumble and Custard	Seasonal Fresh Fruit / Jelly / Yoghurts
ALTERNATIVE DESSERT (Available Daily)	Seasonal Fresh Fruit / Jelly / Yoghurts / Cheese & Biscuits (Cheese & Biscuits not available on Fridays)				

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Winter 2017 – Spring 2018

**WEEK 3 - Weeks Commencing:** 13<sup>th</sup> November 2017, 11<sup>th</sup> December 2017, 15<sup>th</sup> January 2018, 19<sup>th</sup> February 2018, 19<sup>th</sup> March 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOME ZONE (1)	Turkey Italiane with Homemade Crusty Bread	Kumar's Green Thai Chicken Curry and Rice	Cottage Pie	Roast Gammon with Pineapple and New Potatoes	Fresh Haddock Fillet in Batter and Chips
HOME ZONE (2)	Red Pepper and Tomato Quiche & New Potatoes	Potato and Butterbean Curry	Vegetarian Paella	Spinach & Cream Cheese Cannelloni	Salmon & Sweet Potato Fish Cakes with Chips
JACKET POTATO	Cheese Prawn Mayonnaise	Cheese Tuna Mayonnaise	Cheese Coleslaw	Cheese Chicken Mayonnaise	Cheese Tuna Mayonnaise
FRESH VEGETABLES + FRESH SALAD AVAILABLE DAILY	Sweetcorn Green Beans	Peas Green Beans	Broccoli Carrots	Cheesy Leeks Peas	Peas Baked Beans
DESSERT OF THE DAY	Beetroot Chocolate Brownie with Chocolate Sauce	Fruits of the Forest Cheesecake	Coconut & Parsnip Flapjack and Custard	Cherry Bakewell Tart and Custard	Seasonal Fresh Fruit / Jelly / Yoghurts
ALTERNATIVE DESSERT (Available Daily)	<p><b>Seasonal Fresh Fruit / Jelly / Yoghurts / Cheese &amp; Biscuits</b> (Cheese &amp; Biscuits not available on Fridays) Christmas Lunch will be served on Wednesday 13<sup>th</sup> December 2017</p>				

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**WEEK 4 - Weeks Commencing:** 20<sup>th</sup> November 2017, 18<sup>th</sup> December 2017, 22<sup>nd</sup> January 2018, 26<sup>th</sup> February 2018, 26<sup>th</sup> March 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOME ZONE (1)	Chicken Fajitas with Homemade Potato Wedges	Sweet and Sour Pork with Noodles	Beef Stew with Herby Dumplings and Mashed Potato	Local Roast Chicken served with Stuffing, Golden Roast Potatoes and Gravy	Fresh Cod Fillet in Batter and Chips
HOME ZONE (2)	Macaroni Cheese	Lentil and Spinach Dahl with 'Bombay' Potatoes	Vegetarian Chilli Tacos with Rice	Vegetarian Toad-in-the-hole	Butternut Squash and Pesto Flatbread
JACKET POTATO	Cheese Chicken Mayonnaise	Cheese Prawn Mayonnaise	Cheese Coronation Chicken	Cheese Tuna Mayonnaise	Cheese Coleslaw
FRESH VEGETABLES + FRESH SALAD AVAILABLE DAILY	Sweetcorn Peas	Green Beans Peas	Cauliflower Carrots	Fresh Greens Carrots	Peas Baked Beans
DESSERT OF THE DAY	Chocolate Crunch and Custard	Fruits of the Forest Muffin	Toffee Cream Tart	Rice Pudding & Fruit Compote	Seasonal Fresh Fruit / Jelly / Yoghurts
ALTERNATIVE DESSERT (Available Daily)	Seasonal Fresh Fruit / Jelly / Yoghurts / Cheese & Biscuits (Cheese & Biscuits not available on Fridays)				